New Year Greetings!!

Join us in starting the new year by taking just a few simple actions for a healthier personal lifestyle and a healthier world. You can make a difference this month by increasing your organic purchases and holding retailers responsible for honest advertising.

**The Vote with Your Fork, Vote with Your Wallet, Go Organic! Campaign is now live and will be growing at GoOrganicMD.org!** While our monthly newsletter will include some Campaign highlights, visit our new site to learn about the Go Organic Campaign's mission, partners, and many connections for healthy living— from lower cost organic food to crib bumpers, cosmetics, linens and more. Take the first step toward a lifestyle with less pesticide impacts to your health, your family, our state and world. [Visit GoOrganicMD.org here.](http://GoOrganicMD.org)

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**IN THE NEWS**

Did you know that Bigelow tea contains toxic weed killer? Tell Bigelow: There's nothing 'natural' about Monsanto's Roundup(R) in my tea. [Read more.](#)
Raising the Bar: Choosing healthy snack bars versus gimmicky junk food. Legitimate claims or just marketing hype? This report from the Cornucopia Institute examines what's really in the bars, and whether some bars are healthier than others. Read more.

The best organic, eco-friendly coffee brands. Many pesticides banned in the U.S. are used to grow coffee beans abroad. Read more.

Study finds U.S. organic farming hotspots have a positive economic impact, lowering county-level poverty rates with higher median household incomes. Read more.

ORGANIC FOOD ON A BUDGET

Just adding a few more organic food items to your shopping cart can improve your health by lowering your chemical body burden. Environmental Working Group’s Dirty Dozen and Clean 15 provide guidance on what conventionally-grown produce to avoid, and what to prioritize when buying organic produce. Also check out Food Babe’s "How To Eat Organic On A Budget."
- EPA considers spraying of bee-killing pesticide on 165 million acres of U.S. farmland. Read more.

- Pesticides more harmful to bees than previously thought. Intensive agriculture makes them more vulnerable. Read more.

- Bumblebee queens slower to start colonies after minimal neonic pesticide exposure. Read more.

Help the Maryland Pesticide Education Network continue to protect our babies, bees and the Bay.

DONATE

OTHER NEWS & VIEWS

- Toxic exposures may cost the world 10% of GDP
  Current calculations woefully underestimate how much pollution costs countries, say researchers. Read more.

- Center for Biological Diversity’s 12/17 analysis: EPA routinely allows ongoing use of untested pesticides. Read more.
- California has officially listed chlorpyrifos as a "developmental toxicant." [Read more.]

- The number of people over age 50 testing positive for glyphosate rose 500% between 1993 & 2016. [Read more.]

TIPS FOR HEALTHY LIVING

Best winter de-icers
Best air purifiers
Best baby strollers
Create a winter refuge for beneficial wildlife

Please help us continue to protect our Babies, Bees and the Bay.

DONATE

YOUR AMAZON SMILE PURCHASES ALSO SUPPORT OUR WORK

We appreciate your feedback on our monthly newsletter!: info@mdpestnet.org

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